

**(Q5) Please select the statement about breastfeeding or feeding pumped breast milk that best describes how you fed your child.**

	%	95% CI*	
I never fed breast milk to my child	7.9	5.3	11.6
I fed breast milk to my child for less than 1 month	8.6	5.9	12.3
I fed breast milk to my child for 1 month or more	83.5	78.8	87.3

**(Q5 recoded) How many months did you feed breast milk to your child?**

	%	95% CI*	
Zero	7.9	5.3	11.6
<1 month	8.6	5.9	12.3
1 through 3 months	14.7	11.1	19.2
4 through 6 months	16.1	12.2	21.0
7 through 9 months	10.1	7.2	14.0
10 through 12 months	15.0	11.5	19.3
13 through 18 months	13.9	10.5	18.1
19 through 24 months	5.2	3.4	7.8
More than 24 months	8.5	6.1	11.8

**(Q6) What type of milk does your child usually drink now?**

	%	95% CI*	
Whole or regular milk	23.2	18.9	28.1
Reduced fat (2%) milk	49.1	43.6	54.7
Low fat (1%) or fat free (skim) milk	11.8	8.5	16.2
Soy or rice milk	6.3	4.0	9.7
Powdered or canned milk	3.0	1.9	4.7
Other	5.3	3.5	8.0
My child does not drink any type of milk	1.3	0.5	3.3

*Note 1: If a respondent selected multiple types of milk and the first was whole, 2%, 1% or skim and the second was soy or rice, powdered or canned, formula or breast milk, she was counted in the first type selected.*

*Note 2: "Other" category includes respondents who checked this option on the survey as well as respondents who selected multiple options not included in Note 1.*

\*95% Confidence Interval

**What is CUBS?**

CUBS stands for the Childhood Understanding Behaviors Survey and is a three-year follow-up to the Alaska Pregnancy Risk Assessment Monitoring System (PRAMS). PRAMS sends a survey to approximately one of every six mothers of newborns in Alaska. CUBS attempts follow-up with all mothers living in Alaska who completed PRAMS and whose infant was living with them at that time. The purpose of CUBS is to collect information about health, behaviors, and experiences of young children and families in Alaska.

Among 1062 mothers who were sent the CUBS survey in 2011, 57% responded. Their answers were weighted to represent all mothers of 3-year-old children born in Alaska in 2008. The average child age at the time mothers responded was 38 months (range 37-40 months). 1.8% of mothers said their 3-year-old child was not living with them at the time.

For more information about CUBS, visit [www.epi.hss.state.ak.us/mcheppi/cubs/](http://www.epi.hss.state.ak.us/mcheppi/cubs/).

For questions or for specific data requests, contact Margaret Young, CUBS Program Coordinator, at 907-269-5657 or [margaret.young@alaska.gov](mailto:margaret.young@alaska.gov).

**(Q7a) Yesterday, about how many cups of WATER did your child drink?**

	%	95% CI*	
None	3.0	1.7	5.3
Less than one	5.0	3.3	7.6
One	24.0	19.5	29.1
Two	26.8	22.1	32.1
Three	16.0	12.3	20.6
More than three	25.2	20.5	30.5

**(Q7b) Yesterday, about how many cups of MILK did your child drink?**

	%	95% CI*	
None	6.2	3.9	9.6
Less than one	5.2	3.4	7.9
One	24.2	19.6	29.4
Two	32.6	27.5	38.2
Three	19.7	15.5	24.6
More than three	12.1	8.9	16.2

**(Q7c) Yesterday, about how many cups of 100% FRUIT JUICE did your child drink?**

	%	95% CI*	
None	27.1	22.4	32.3
Less than one	12.0	8.8	16.1
One	30.8	25.7	36.4
Two	20.3	15.9	25.5
Three	4.7	2.8	7.6
More than three	5.2	3.3	8.2

**(Q7d) Yesterday, about how many cups of SODA (such as Coke or Sprite) did your child drink?**

	%	95% CI*	
None	81.3	76.6	85.2
Less than one	11.8	8.6	16.0
One	6.2	4.1	9.4
Two	0.3	0.1	0.9
Three	0.2	0.0	1.0
More than three	0.2	0.0	1.1

\*95% Confidence Interval

**(Q7e) Yesterday, about how many cups of SWEETENED OR FRUIT DRINKS (such as Kool-Aid, Tang, or Capri Sun) did your child drink?**

	%	95% CI*	
None	<b>68.3</b>	63.1	73.0
Less than one	<b>8.7</b>	5.7	13.0
One	<b>10.8</b>	8.1	14.1
Two	<b>7.3</b>	4.8	10.8
Three	<b>2.9</b>	1.9	4.5
More than three	<b>2.2</b>	1.4	3.3

**(Q8a) Yesterday, about how many times (including meals and snacks) did your child eat FRESH, CANNED, FROZEN OR DRIED FRUIT?**

	%	95% CI*	
None	<b>4.2</b>	2.9	6.3
One	<b>24.8</b>	20.3	29.9
Two	<b>39.4</b>	34.0	45.1
Three	<b>20.6</b>	16.5	25.5
More than three	<b>10.9</b>	8.0	14.8

**(Q8b) Yesterday, about how many times (including meals and snacks) did your child eat FRENCH FRIES, TATOR TOTS OR POTATO CHIPS?**

	%	95% CI*	
None	<b>64.4</b>	58.9	69.5
One	<b>30.0</b>	25.1	35.4
Two	<b>4.4</b>	2.9	6.7
Three	<b>1.0</b>	0.4	2.7
More than three	<b>0.2</b>	0.0	1.1

**(Q8c) Yesterday, about how many times (including meals and snacks) did your child eat OTHER VEGETABLES OR SALAD?**

	%	95% CI*	
None	<b>12.6</b>	9.4	16.7
One	<b>38.4</b>	33.1	44.0
Two	<b>33.7</b>	28.5	39.2
Three	<b>12.1</b>	9.0	16.2
More than three	<b>3.3</b>	1.8	5.7

\*95% Confidence Interval

**(Q8d) Yesterday, about how many times (including meals and snacks) did your child eat CANDY, COOKIES, OR OTHER SWEETS?**

	<b>%</b>	<b>95% CI*</b>	
None	<b>30.5</b>	25.4	36.1
One	<b>50.1</b>	44.5	55.7
Two	<b>15.5</b>	11.9	19.9
Three	<b>3.4</b>	2.0	5.8
More than three	<b>0.5</b>	0.2	1.7

\*95% Confidence Interval